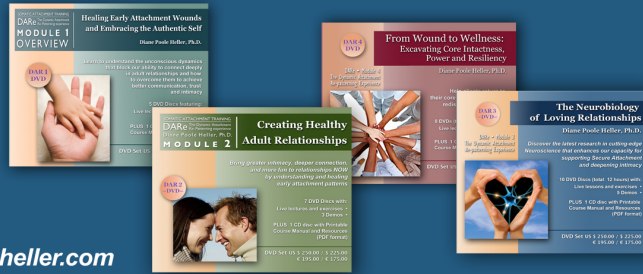


SOMATIC ATTACHMENT TRAINING

DARe The Dynamic Attachment Re-Patterning experience
Diane Poole Heller, Ph.D.

Educational Materials

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SPECIAL TOPIC WORKSHOP AND TRAININGS: Each DVD approximately 2 hours

#	Item Description	Price	Workshop discount
SPEC. TOPIC 1	Workshop: Sensuality, Sexuality and Intimacy with Self and others 7 DVDs, 1 CD, Manual	\$250.00	\$225.00
A1	Sexual Trauma and Spiritual Transformation (5-DVD set/12 hours) 2-day training w/several demos +downloadable Resources Kit #Z1	\$250.00	\$225.00
A1a	Sexual Trauma and Spiritual Transformation (5-CD set) Two-day training/no demos, + downloadable Resources Kit #Z1	\$150.00	\$135.00
A2	Auto Accident Recovery Program (5-DVD set/ 12 hrs.) Three-day training w/ several demos + downloadable Resources Kit #Z2	\$280.00	\$250.00
A2a	Auto Accident Recovery Program (5-CD set) Three-day training/no demos + downloadable Resources Kit #Z2	\$150.00	\$135.00
A3a	Character Structure: From Trauma to Transformation (2-DVD set/ 4.5 hrs.) 1-day overview, + downloadable handout #Z3	\$ 95.00	\$ 85.00
A3b	Character Structure in 4 CD set (audio only) (4-CD set/4.5 hrs.) One-day overview, + downloadable handout #Z3	\$ 85.00	\$ 75.00
A4	Trauma Healing as a Gateway to Spiritual Transformation (2-DVD set) One-day overview	\$ 85.00	\$ 75.00
A4a	Trauma Healing as a Gateway to Spiritual Transformation (1 CD) One-day overview	\$ 40.00	\$ 35.00
A5	Columbine: Surviving the Trauma (CO) (60 min. DVD)	\$ 85.00	\$ 75.00
A6	Hardwired to Heal: Overview of the Reciprocal ANS and the Polyvagal Social Engagement Nervous System (60 min. DVD + downloadable handout #Z6)	\$ 50.00	\$ 45.00
A6a	Hardwired to Heal: Overview of the Reciprocal ANS and the Polyvagal Social Engagement Nervous System (1 audio CD + downloadable handout #Z6)	\$ 45.00	\$ 40.00
A7	Overview of Somatic Experiencing: Basic Concepts (2-DVD set/3 hours) Introduction to principles of SE including demo	\$ 85.00	\$ 75.00
A7a	Overview of Somatic Experiencing: Basic Concepts (2-CD set/3 hours) Introduction to principles of SE including demo	\$ 45.00	\$ 40.00
A8	Personality Disorders Overview, Schizoid, Narcissistic, Borderline 4 DVD set + downloadable Resources Kit #Z8	\$220.00	\$195.00
A8a	Personality Disorders Overview, Schizoid, Narcissistic, Borderline - 4 CD set + downloadable Resources Kit #Z8	\$150.00	\$135.00
A9	Healing Power of Presence, 6-DVD set, with handout A9 German and English + downloadable Handout #Z9	\$200.00	\$180.00
A10	Discovering Your Core Intactness, 5-DVD set in German and English	\$200.00	\$180.00
A11	Healing Sexual Trauma, 7-DVD set in German and English, + CD with English and German Manual & Resources Catalog	\$220.00	\$195.00
HDW2013	Healing the Divine Wound, Unveiling the Sacred Heart - DVD set with printable resources on CD (pre-order - to be produced August 2013)	\$250.00	\$195.00

SINGLE SOMATIC TRAUMA RESOLUTION INDIVIDUAL DEMO DVDs • Special at Workshops 3 Demos @ \$115.00

SEXUAL, PHYSICAL AND EMOTIONAL ABUSE			
B1	Melinda (CA) Multiple Auto Accidents/Violent Assault/Fall - Connects to Spiritual Wholeness	\$ 50.00	\$ 45.00
B2	Ann (PA) Rape at Gunpoint when Asleep - Frozenness to Mobility and to Empowerment	\$ 50.00	\$ 45.00
B2a	Ann - Rape at Gunpoint when Asleep - Demo outline with titles tracking process	\$ 50.00	\$ 45.00
B3	Dave (PA) Molestation by Choirmaster as Pre-Teen - Regains Voice & Choice	\$ 50.00	\$ 45.00
B4	Franco (Italy) Sexual Abuse as a Child (English and Italian)	\$ 50.00	\$ 45.00
B5	Vijaya (Italy) Inescapable Attack (English and Italian)	\$ 50.00	\$ 45.00

MEDICAL TRAUMA AND SURGERY			
C1	Donna (CO) Surgery/Extreme Dissociation - Remarkably Regains Absence of Feeling in Face Years after Tumor Removal	\$ 50.00	\$ 45.00
C2	Marjorie (NC) Childhood Tonsillectomy - Working through High Emotional Charge without Disconnection	\$ 50.00	\$ 45.00
C3	Teri: Poor Medical Support with Breast Cancer Diagnosis and Surgery	\$ 25.00	\$ 25.00
C4	April (NY) Poor Medical Support while Giving Birth by Caesarian Section - Anger to Empowerment	\$ 50.00	\$ 45.00
C5	Agata (Italy) Epilepsy and Cranial Surgery	\$ 50.00	\$ 45.00

HIGH IMPACT SHOCK: AUTO ACCIDENTS & FALLS			
See Melinda under Sexual Assault B1 combined with Auto Accidents. Also see A2 Auto Accident Recovery Program with demos.			
D1	Lubby (CO) Auto Accident with Head Injury - Sleep Returns (DVD of session with & without biofeedback).	\$ 50.00	\$ 45.00
D2	David (NC) Auto Accident/Airbag Trauma/Dorsal Death State - The Rediscovery of Aliveness	\$ 50.00	\$ 45.00
D3	Connie - Survival and Discharge of Over arousal from severe Auto Accident	\$ 50.00	\$ 45.00

EMOTIONAL OR DEVELOPMENTAL TRAUMA/SEVERE LOSS			
E1	Brian (PA) Loss of Baby Daughter During Birth Process - Reconnecting to the Beauty of Life	\$ 50.00	\$ 45.00
E2	Tom (PA) Friend's Stabbing/Survival Guilt - Regains Capacity to Feel Joy & Live Life Fully	\$ 50.00	\$ 45.00
E3	Andrea (SF) Exploring Eating Patterns as an attempt to gain nurturance and self regulation	\$ 50.00	\$ 45.00
E7	Susan (NY) Freeze Response re Husband's Death - Recaptures Sense of Loving Home & Family	\$ 50.00	\$ 45.00
E8	Alberto (Italy) Severe Loss (English and Italian)	\$ 50.00	\$ 45.00
E9	Franco - Horror Observing Parental Abuse	\$ 50.00	\$ 45.00
E10	Faith (SF) - End of Marriage, Grief and Depression alternating with Expansiveness	\$ 50.00	\$ 45.00
E11	Michael (SF) Pre and Peri-natal worry of failure to Survive	\$ 50.00	\$ 45.00

#	Item Description	Price	Workshop discount
DOUBLE DEMOS WITH FEEDBACK (4 hrs. on 1 DVD) Training Special - Buy Both @ \$125.00			
F1	(a) Sue (Bungee Jump Gone Wrong) & (b) Leslie (Fall as Infant in Stroller Down Stairs)	\$ 85.00	\$ 75.00
F2	(a) Daniela (Fall off Slide/Broken Arm - Receives Corrective Group Support) & (b) Sol (Sexual Abuse/Eating Disorder/Severe Migraines - Syndromal Work - Significant Relief of Symptoms)	\$ 85.00	\$ 75.00
WAR TRAUMA			
G1	War Trauma- Rescue Team Under Enemy Fire, Flashback, Horror and Survival Guilt	\$ 50.00	\$ 45.00
BOOKS, ARTICLES, AND PUBLICATIONS			
BK1	CRASH COURSE: A Self-Healing Guide to Auto Accident Trauma and Recovery - Diane Poole Heller, Ph.D. with Laurence Heller, Ph.D.	\$ 16.95	\$ 15.00
Z1	HEALING SEXUAL TRAUMA RESOURCES KIT Therapeutic Interventions for Professionals - (Free with A1) Includes Course Manual and Bonus Article Z4 "Speaking the Unspeakable"	\$ 25.00	\$ 22.00
Z2	AUTO ACCIDENT RESOURCES KIT (free with A2) Includes Auto Accident Recovery Program Manual, Workshop Notes and Bonus Article "SOMATIC EXPERIENCING® IN THE TREATMENT OF AUTO ACCIDENT TRAUMA" A published case study with application of SE® model explained. Diane Poole Heller, Ph.D. with Laurence Heller, Ph.D. in the USABP Journal	\$ 25.00	\$ 22.00
Z3	CHARACTER STRUCTURE: From Trauma to Transformation - Handout on Contact/Existence Character, Nurture/Nourishment Character. Dependence/Trust Character, Independence/Autonomy/Will Character, and Love/Sexuality Character Types - Diane Poole Heller, Ph.D. with Laurence Heller, Ph.D. (Free with A3)	\$ 10.00	\$ 8.00
Z4	SPEAKING THE UNSPEAKABLE: An Expensive Truth A Deep Exploration into the Dynamics of Sadistic & Narcissistic Sexual & Physical Violence. Social, Victim/Perpetrator and Treatment Perspective (included in Z1)	\$ 25.00	\$ 22.00
Z6	SOMATIC EXPERIENCING®: Practical Applications in the Treatment of Trauma (threat responses, orienting responses, reciprocal ANS, Polyvagal Social Engagement Theory) - (Free with A6)	\$ 15.00	\$ 13.00
Z7	ARISING FROM THE ASHES: Healing in the Aftermath of Extreme Life Events - Previously published in <i>Caring for the Caregiver</i> , Chapter 11, by J. Loewy & A. Hara, eds.	\$ 10.00	\$ 8.00
Z8	PERSONALITY DISORDERS RESOURCES KIT (Free with A3) Includes Handout Z3	\$ 15.00	\$ 13.00
Z9	Handouts Healing Power of Presence Return to the Radiant Self (free with A9)		
Z10 CD	A Collection of all articles above on CD (Crash Course book not included)	\$ 65.00	\$ 60.00
Z11	Dare to Create Healthy Adult Relationships Expanded Transcript of Maggie Phillips / Diane Heller Webinar	\$ 20.00	\$ 18.00
G1	War Trauma - Rescue Team Under Enemy Fire, Flashback, Horror and Survival Guilt	\$ 50.00	\$ 45.00

DARe: Dynamic Attachment Re-Patterning Experience WORKSHOP DVDS

DM1	DARe 1: Mini 90 mins. Overview of Attachment Styles and Wounds	\$ 30.00	\$ 25.00
DM2	DARe 2: Mini 90 mins. Creating Healthy Adult Relationships	\$ 30.00	\$ 25.00
DM3	DARe 3: Mini 90 mins. Intimacy, Sensuality, and Sexuality	\$ 30.00	\$ 25.00
DAR1	DARe 1 Workshop: Overview, Healing Attachment Wounds, Demos & Lectures 5 DVDs + I CD w/ Manual and Resources	\$ 195.00	\$ 175.00
DAR2	DARe 2 Workshop: Creating Healthy Adult Relationships, Demos & Lectures, 7 DVDs + I CD w/ printable Manual and Resources	\$ 250.00	\$ 225.00
DAR3	DARe 3 Workshop: The Neurobiology of Loving Relationships 10 DVDs (12 hrs) + I CD with printable Manual and Resources	\$ 250.00	\$ 225.00
DAR4	DARe 4 Workshop: From Wound to Wellness: Excavating Core Intactness, Power and Resiliency - 8 DVDs + I CD w/ Man. & Res.	\$ 250.00	\$ 225.00
ASA	Healing Attachment Wounds 6 DVDs 14 hours, plus manual	\$ 425.00	\$ 395.00
IHI	Integrated Healing Intensive, 10 DVDs 42 hours, plus manual	\$ 545.00	\$ 495.00

DARe Workshops DVDs in English and Foreign Language (recorded live with in-room simultaneous translation)

D1-IT (ENGL/ITALIAN)	DARe 1 Module: Healing Early Attachment Wounds 9 DVDs (13.75 hrs) + I CD with printable Manual and Resources in English and Italian	\$ 250.00 € 195.00	\$ 225.00 € 175.00
DAR2-IT (ENGL/ITALIAN)	DARe 2 Module: Creating Healthy Adult Relationships 8 DVDs (16 hrs) + I CD with printable Manual and Resources in English and Italian	\$ 250.00 € 195.00	\$ 225.00 € 175.00
D1-De (ENGL/GERMAN)	DARe 1 Module: Healing Early Attachment Wounds 6 DVDs (9.25 hrs) + I CD with printable Manual and Resources in English and German	\$ 250.00 € 195.00	\$ 225.00 € 175.00
D2-De (ENGL/GERMAN)	DARe 2 Module: Creating Healthy Adult Relationships 6 DVDs (10.75 hrs) + I CD with printable Manual and Resources in English and German	\$ 250.00 € 195.00	\$ 225.00 € 175.00

SINGLE SOMATIC ATTACHMENT INDIVIDUAL DEMO DVDS · Special at Workshops 3 Demos @ \$115.00

AMBIVALENT ATTACHMENT - AM			
ASD-AM 1 - NIR	Violent Mother, empowerment, integrating child self into adult self ASA SERIES	\$ 50.00	\$ 45.00
ASD-AM 2 - JG	Ambivalent Attachment and Healing the Heart - Genital Split	\$ 50.00	\$ 45.00
ASD-AM 3 - BIR	Overcoming criticism to regain artistic expression	\$ 50.00	\$ 45.00
ASD-AM 4 - AMAR	Lack of sense of Self, caused feeling rejected as a child, finds resolution towards Self-love (WITH ITALIAN TRANSLATION)	\$ 50.00	\$ 45.00
ASD-AM 5 - PS/AT	Couple Demo in English and German illustrating Ambivalent Dynamics	\$ 50.00	\$ 45.00
ASD-AM 6 - M.	M. struggles with weight and body image; resourcing within the group she accesses nurturance and Secure Attachment	\$ 50.00	\$ 45.00
AVOIDANT ATTACHMENT - AV			
ASD-AV 1 - AMAR	Feeling alien and walled off, creating connection by reinstating original attachment system ASA SERIES	\$ 50.00	\$ 45.00
ASD-AV 2 - MAS	Withdrawal and pushing away of contact, Welcome to the World exercise ASA SERIES	\$ 50.00	\$ 45.00
ASD-AV 3 - SM	Avoidant and Disorganized Attachment Style with Victim Perpetrator Dynamics. ASA SERIES	\$ 50.00	\$ 45.00
ASD-AV 4 - VID	AVOIDANT ATTACHMENT WITH DISORGANIZED ELEMENTS/ HEALING THE HEART-GENITAL to RESTORE ALIVENESS IN SEXUALITY AND HEARTFULNESS - German and English	\$ 50.00	\$ 45.00
ASD-AV 5 - KIM	Feeling dry and mechanical, seeking contact by withdrawing from it	\$ 50.00	\$ 45.00
ASD-AV 6 - SIRI	Abandonment creates failure to thrive, Loss of self in spirituality ASA SERIES	\$ 50.00	\$ 45.00
ASD-AV 7 - LUCINA	Feeling of "not belonging" and mother's "absence" in childhood are resolved in feeling at home in the NOW (WITH SIMULTANEOUS ITALIAN TRANSLATION)	\$ 50.00	\$ 45.00

#	Item Description	Price	Workshop discount
DISORGANIZED ATTACHMENT - DIS			
ASD-DIS 1 - COR	Sensitive Child in Chaotic Household, Installing competent protector	\$ 50.00	\$ 45.00
ASD-DIS 2 - PAVI	Childhood abuse, fear of others, self-hatred and inability to trust. ASA SERIES	\$ 50.00	\$ 45.00
ASD-DIS 3 - AYL A	Experienced role reversal as child, felt caretakers were depending on her; with her protectors in place, she finds relief and aliveness (WITH SIMULTANEOUS ITALIAN TRANSLATION)	\$ 50.00	\$ 45.00
ASD-DIS 4 - REN	Disorganized Attachment with Victim/Perpetrator Dynamics	\$ 50.00	\$ 45.00
ASD-DIS 5 - NEM	Allowing healthy core intactness to arise in a secure environment of safety, attunement, resonance and presence	\$ 50.00	\$ 45.00
ASD-DIS 6 - H.	H. discharges toxic emotions from parental relationships	\$ 50.00	\$ 45.00
ASD-DIS 7 - WG	Resolving approach/contact avoidance and fear-induced immobility - Untangling drive to attach from freeze/flight response	\$ 50.00	\$ 45.00
ASD-DIS 8 - BER	Fear and lack of trust are addressed by Bertilla by acknowledging her vulnerability while opening to receiving, discharging the energy of incomplete flight response, and resourcing in the relational field (WITH SIMULTANEOUS ITALIAN TRANSL.)	\$ 50.00	\$ 45.00
ASD-DIS 9 - BAR	Barbara's fear of threat and feeling of unworthiness resolve towards love and appreciation by allowing emotions, resourcing in the relational field, and through the healing energy of presencing (WITH SIMULTANEOUS ITALIAN TRANSLATION)	\$ 50.00	\$ 45.00
INTIMACY, SEXUALITY DEMOS FROM OLD DARE 3 (currently "Special Topic 1")			
DAR B7 - BIR	Recovery of pleasure and power - Healing from father's physical violence	\$ 50.00	\$ 45.00
DAR B8 - EST	Disorganized Attachment due to childhood sexual abuse	\$ 50.00	\$ 45.00
DAR B9 - GUN	Healing sexual abuse wounds - Using competent protector to regain safety/sexuality	\$ 50.00	\$ 45.00
DEMOS FROM NEW DARE 3: The Neurobiology of Loving Relationships			
DAR3 NB1 - DEB	Social Phobia resolves towards trust by resourcing in the here and now. Competency is found, enhanced by compassion	\$ 50.00	\$ 45.00
DAR3 NB2 - ANNE	Corrective experience of attunement allows encapsulated child Self to mature and integrate into the Now	\$ 50.00	\$ 45.00
DAR3 NB3 - LINDA	Eye contact/Healing in tribe help resolve intergenerational shame: grandmother, mother, adopted daughter	\$ 50.00	\$ 45.00
DAR3 NB4 - CHA	Subject regains assertiveness and power through positive use of anger to overcome grandmother's rejection	\$ 50.00	\$ 45.00
DEMOS on Victim/Perpetrator Dynamics			
DAR-VP 1 - TOM	Fear to excel - Fear of authority roles resolves towards vibrant, assertive aliveness	\$ 50.00	\$ 45.00
DAR-VP 2 - CHER	Lack of sense of safety resulting from a traumatic experience as a child (choking) resolves towards Core Intactness	\$ 50.00	\$ 45.00
DAR-VP 3 - SHAN	Exploring "Being Big" in the body as a positive expression of expansiveness of Being	\$ 50.00	\$ 45.00
ASD-DIS 4 - REN	Disorganized Attachment with Victim/Perpetrator Dynamics	\$ 50.00	\$ 45.00
DEMOS on Encapsulated Child			
DAR EC1 - HEN	Freeing the Encapsulated 6-year-old child Self State into empowerment now	\$ 50.00	\$ 45.00
DAR EC2 - C.	C's two Selves, her present adult and her inner child, come together and celebrate connection and integration	\$ 50.00	\$ 45.00
DEMOS on touch regulation, working with couples and other special topics			
DAR TR 1 - ADR/AMBA	Two Demos on touch regulation - Adriana, Amba (WITH SIMULTANEOUS ITALIAN TRANSLATION)	\$ 50.00	\$ 45.00
DAR CW 1 - JOL/GIA	Demo: Stan Tatkin's revised Dyad Exercise - Jolanda and Gianfranco (WITH SIMULTANEOUS ITALIAN TRANSLATION)	\$ 50.00	\$ 45.00
ASD-AM 5 - PS/AT	Couple Demo illustrating Ambivalent Dynamics (WITH SIMULTANEOUS German TRANSLATION)	\$ 50.00	\$ 45.00

